

# Trinity Gate Orthodontics

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## RISKS AND BENEFITS

All medical and dental treatments carry risks.

It is important as a patient or parent that you weigh up the risks and benefits before treatment. Not all patients are the same, have the same ideals or desires about their teeth or same commitment to get a good long lasting result. Orthodontics can be lengthy process requiring regular visits, usually of short length but necessary to monitor and continue tooth movement. Whilst there are benefits to treatment, such as improved function and aesthetics, improved confidence and self-esteem there are also risks which, whilst low, should be considered.

## MARKS ON TEETH

Caused by inefficient tooth brushing which leaves plaque and sugar on the teeth. Marks are not caused by the appliance or the adhesives we use. These risks can be reduced by ensuring efficient tooth brushing.

Using a fluoride mouth wash after tooth brushing.

Cutting down on sugary foods and the frequency they are eaten.

Sugar and plaque produce acid which causes the marks on the teeth.

**We will show you how to look after your teeth. BUT the patient has to do the work.**

## RESORPTION OF ROOTS

This means the dentine of the root is being lost. It occurs rarely and appears to be more likely if the tooth is close to a misplaced canine or the tooth has been root treated. A minor degree of root resorption may occur around the tips of the roots during orthodontic treatment.

## NON MOVEMENT

Will occur if the tooth is ankylosed – fused to the bone. This will occur after trauma to a tooth in which the tooth is misplaced or avulsed (knocked out).